

Network of Light

Newsletter No. 3
Winter/Spring
2006

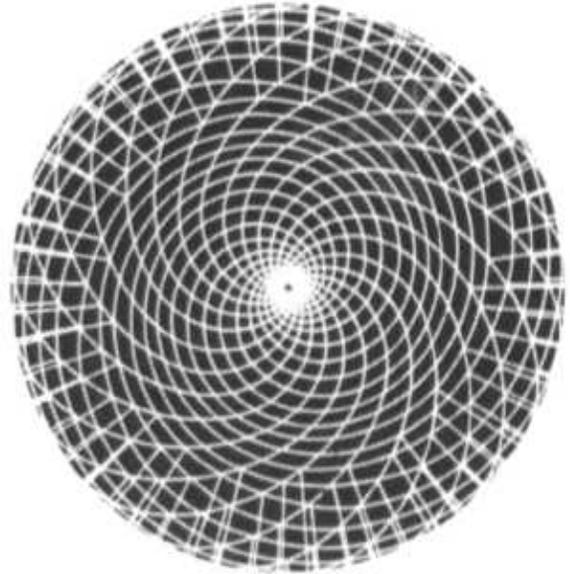
News from the Network

Welcome. As most of you will already know Nigel Blair the co-refounder of the Network of Light passed away on 27th August 2005. This was a sad loss to those of us who knew and worked alongside Nigel in many of his historic projects. In this issue we print his final 'Network of Light' article, which he had prepared several weeks before becoming ill. Also available are copies of the 'A Tribute to Nigel Blair' from the Avalon Magazine (issue number 31). If anyone requires a copy of this send a large S.A.E. to Paul Fletcher, 102 Wells Road, Glastonbury, BA6 9AG.

Nigel was in no doubt that the spiritual work he was involved in would continue and of course this is indeed the case. The Wessex Research Group Network has formed a Trust with 6 trustees to continue the talks and meetings that Nigel organised and loved so much. The Network of Light is continuing to grow steadily month by month, meditation by meditation. We often receive phone calls or letters from new groups of people who are meeting on the first of the month at 9.00. p.m. and the network has grown so rapidly there is no longer space to have a full list of contacts. You will find main area contacts at the end of this newsletter.

The Network in our Times by Paul Fletcher

We are living through momentous times. A great struggle is underway between those who wish to serve and co-operate and those who favour materialism and separateness. This is being played out on many levels from the world of international politics through to the neighbourhood and our family homes. Have you noticed how there is almost a script being played out in time? The earthquake and tsunami of Boxing Day 2004, which led to the outpouring of compassion and human resources from humanity was followed by the earthquake of Easter Monday 2005, with much less loss of life. Sometimes it is difficult for us to understand these 'events' with our rational minds but what is



becoming clear is that through global media we, humanity, are being given opportunity after opportunity to come together and meet our responsibilities for the coming era. The campaign to end poverty (www.one.org) is perfectly timed to challenge our comfortable western lifestyles and point out that 'sharing' is one of the keys to spiritual progress and future world peace.

Our challenge as humans is to rise to this occasion in time and space. We stand between the Higher Powers, those kingdoms of angelic form and the lower kingdoms of animals, vegetables and minerals – the essence of Gaia. We are the intermediary. During the Network of Light meditations at 9.00.p.m. on the first of every month many people are aware of this co-operation between these three forces. Whether meditating in ones or twos or as a group we help to strengthen the forces of integration and by using the Great Invocation we help to distribute the required energies of synthesis throughout the world. These energies then begin to play upon the form of things and have their effect. Co-operation, cohesion, integration. These are the keynotes of the present.

Chuang Tzu, Chinese Sage.

“Heaven, Earth and I are living together, and all things and I form an inseparable unity.”

A Suggested Meditation

With regard to the specifics of the meditation. We have had considerable enquiry about a format for the meditation and while not wishing to 'imprint' too strongly this would be a suggested outline:

To try and be sitting quietly by 8.50 p.m. so that one has entered the meditation before 9.00. p.m. To say the Great Invocation at the 9.00 o clock starting point. To then focus on the Findhorn - Iona - Glastonbury triangle joining these three great spiritual centres with lines of light. To then imagine the arc of the emerging Temple of Maia (Britannic Temple – see Gatekeeper Trust) from Castlerigg at the head of the Lake District passing down through Arbor Low in Derbyshire to High Cross on the A5 in the Midlands to Avebury, Glastonbury and on down to St. Michael's Mount. To then 'see' the Michael

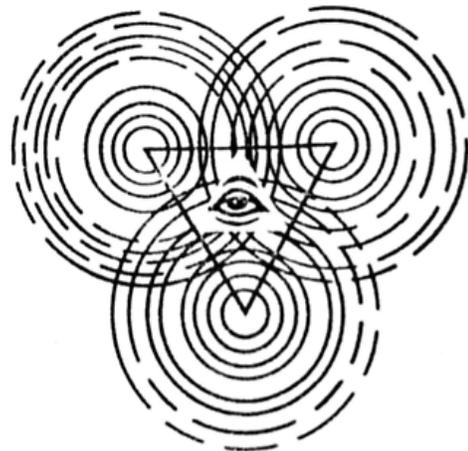
and Mary lines passing into Britain through St. Michael's Mount and to follow that line across to the Norfolk coast (see Broadhurst and Millers' 'Serpent and the Sun').

Then focus on the points of light you are drawn to – either in Britain or the rest of the world as your consciousness indicates. Feel the link-up with the angelic kingdoms and the animal, vegetable and mineral kingdoms and the forces of Gaia. Really try and 'see' yourself as part of the Plan of Co-operation and Healing on the planet at this time. As the link-up energy begins to fade, usually about 9.25 to 9.35, then focus back into yourself, into your heart and come back into your own space. As we have pointed out before if you cannot make the actual time for any reason then try and do the mediation at a more convenient time for you on the day.

A New Manifestation By Nigel Blair, June 2005

2005 is pre-eminently a year of manifestation. Great schemes have in past years and decades been planned The remarkable thing is that many of them are now in place, or at least within measurable distance of coming into being. Spiritual communities, environmental colleges, inspirational books, holistic magazines and lectures, inner workshops are thriving as never before, in a great rebirth of awareness, to say nothing of myriads of personal contacts, realisations and synchronicities of which most of us know nothing. In our four networks, a strange phenomenon, always present in past years, is becoming more pronounced. People are finding that the very first actions involved in starting to do things are part of the guidance and the deeper understanding of the objective, something that Rudolf Steiner once commented on when he said that the human will was expressed especially in the use of the hands. Feel the nervousness and uncertainty, in other words, and do it anyway: for in the doing lies greater courage and intuition. In the world it is to some extent a time of conflict, but even this has its positive side: it can make people question orthodox values and cry for help. These cries are heard on higher planes, and the answers fed back to those sensitive enough to heed them, through our thoughts and actions. The sense of urgency, too, drives people to action. Apparent disasters are not all that they seem. Feel the despair and rage, in other words, and

go forward anyway: go forward whatever, however, and above all, together. In the holistic movement it is supremely a time of coming together, as we know in the Network of Light: for we live in the age of the group as Vera Stanley Alder once wrote in her magnificent work, 'The Initiation of the World.' If we can marshal and combine our energies in such a way that we can translate thought into action near-instantaneously and harmoniously, this first decade of the new millennium will truly be one for future generations to remember. ■



The third eye emerges from the three head centres

Weaving the Network of Light into Life by Mandy Simone

On the 1st June, at 8.30 pm, I arrived at a house that runs courses for the Gaia Co-operative. (www.gaiacooperative.org) The people there were completely new to Network of Light yet half an hour later we were starting the meditation together; more new people, another new place. I pause here to wonder what shaped constellation it would make if I were to plot stars for the places that I have linked up with over the last while.

When I started doing the Network of Light meditations it was as an additional meditation that I did once a month. I believe that our universe is a sea of light and that underneath our seeming discord is the harmony of love and light within ourselves. I would start the meditation focusing my awareness on my heart chakra, allowing myself to feel divine love pouring through me and streaming out across the pathways, starting with friends in Glastonbury and Ynys Mon.

It feels as if that initial phase was the acorn that has now taken firm root and is busy spreading her branches far and wide. One branch is all the people I've met who now join me each month. Quite often people will 'tune in' around the 1st (as I typed that I had an image of an orchestra tuning up before starting to play a symphony – I like the analogy; network of light meditators preparing for their monthly concert, sending out the sweet sounds of love and light, aligning with the underlying harmony of the universe and thus raising the energy on earth and 'along the etheric web'.) knowing that however far apart we are physically we will be working together at 9. p.m. In April I had spent the week-end with a group of friends at Trigonos, in North Wales, sharing bodyvoice sessions. On the Saturday evening we had a wonderful Beltane celebration. We had made a large spiral of candles on the grass and placed a mother stone that I have borrowed from Bardsey in the centre. We took it in turns to walk the spiral releasing anything that was keeping us from utter connection to ourselves. It was the last day of the month and the field of light was an appropriate prelude to the 1st. When we parted company on the 1st, the Sunday afternoon, we called out to each other, 'see you at 9'! That evening I was camping on the Lleyn peninsula with Rosie a friend from Cumbria, which gave me the opportunity to share the meditation with her and have the network take root in her part of the Lakes. An ever expanding host of people, I find myself laughing at the joyful nature of the work we do. The work of aligning with love and harmony, raising our vibrations, helping the shift to oneness, to peace. Vital work.

Another branch is all the places I've travelled to during this time and that I now link up with. Many of these are

acknowledged 'special places'; Chalice Well (where during meditation I was told that I was to work as a conduit), Carnac, Penmon, Ynys Enlli (Bardsey), Castlerigg, and many are personal power spots; one is a tree in a field in Manchester! Increasingly I feel the divine nature of all places and now consciously connect with what for shorthand I call the 'barbed wire spots'. In each thing there is everything. So for me the meditation includes linking up with people and places and usually leaving the Earth at some stage, joining hands with everyone, the angels flying amongst us, and watching as the light pours through us and over us bathing the Earth. Since my training in reconnection healing I also, at the end of the meditation, link to those frequencies and send out distant healing; it is very powerful doing it at that time.

One of the things that inspires me is the delicious combination of everydayness and the ethereal and how they are coming closer and closer together ! I am becoming increasingly aware of the angelic realms, another branch of this strong healthy tree. Since receiving guidance in Chalice Well gardens I've known that there are beings guiding and helping us in this great venture. Some months later Angela was giving me a sound bath at her home in Manchester. While she was playing the crystal bowls I became aware of presences in the room that gradually manifested (or rather, my resistance gradually dissolved) as semi-transparent white beings. As I relaxed further they encircled me and helped Angela with her work. I am now often aware of them and always during the network meditation . I recently stayed at Angela's and slept in the bowl room; in the night I was woken by a beautiful pulsating green light, edged with white, shining above me. These events have been important lessons to me as to how much help we are getting from other realms. When I was staying on Ynys Enlli this spring a woman who lives there said, 'you know, this island is the angels' training ground, they all come here before being sent off around the world' ! And one friend described an experience of 'flying with the angels' whilst meditating.

From being a once a month meditation the network of light is now an integral part of my life. The Branches grow and multiply. Every thought, every act, every moment is an opportunity to allow the love and the light, which are always there, to shine. Sometimes I know this and sometimes I forget. The trunk, whose girth grows ever wider, is the monthly meditation that brings us all back into alignment, as, on the first of the month, we each tune the instrument of our own being ready to play our part in this symphony of life.

Contact List

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If anyone has further questions about the network, the meditation or wishes to become a contact point they can get in touch with Paul Fletcher, see above.

For more complete listings and all Network of Light contacts visit www.networkoflight.org where you will find further articles, a message board and links including Lamplighter, Lucis Trust, Nicholas Roerich and the Universal Alliance

To contact The Wessex Research Group Network: www.wessexresearchgroup.net

“I challenge you, above all, to a deeper life, and I implore you for the sake of your brothers and sisters to strengthen your contact with your own soul, your deepest self, so that you will have done your share in making revelation possible; so that you will have served your part in bringing in the light, and will therefore be in a position to take advantage of that new light and new information, and so be better able to point the way, clear the path for the bewildered seeker at this time. The cycle of destruction is practically over, could you but realise it, and the builders must now get busy.”

From the writings of Djwhal Khul, The Tibetan.

MANY ARE THE COLOURS IN THE SPECTRUM OF THE LIGHT OF TRUTH YET
THE LIGHT IS ONE